

Maryland Medicaid Healthchoice Program



Help Line for Pregnant Women

1-800-456-8900



BE SURE TO CALL YOUR MCO.

They offer prenatal case management services to help you have a healthy baby.

Call the HealthChoice Help Line for Pregnant Women and you can:

- Ask about your HealthChoice benefits and how to access health services
- Find out about prenatal programs to promote healthy outcomes for you and your baby
- Most pregnant recipients must enroll in HealthChoice

Already Enrolled in an MCO?

- It is important to get prenatal care early
- Call your MCO, they will help you find a doctor
- If you are having trouble getting an appointment or health care from your MCO, call the HealthChoice Help Line for Pregnant Women at 1-800-456-8900.

Need to Enroll in an MCO?

- To select a Managed Care Organization (MCO), call Maryland Health Connection at 1-855-642-8572 or to www.MarylandHealthConnection.gov
- If you already have a prenatal provider, join an MCO that your provider belongs to.

Prenatal Services Include:

- Prenatal doctor or clinic visits
- Lab tests and sonograms
- Prescription medicines and prenatal vitamins
- Doctor's delivery fee
- Hospital services, including your labor and delivery

Dental Services

While you are pregnant get free dental care, including exams, cleanings, and fillings. These services are covered through a separate program known as Healthy Smiles. To access dental services, call Healthy Smiles at 1-855-888-1965.

Behavioral Health Services

Specialty mental health and substance use disorder services are available through the Behavioral Health System. To access these services, call the Public Behavioral System at 1-800-888-1965.

Make sure you:

- Keep all your doctor visits. If you have to cancel, call right away to make a new appointment.
- Take good care of yourself by eating healthy and getting exercise. For tips, text BABY (or BEBE for Spanish) to 51411 or go to <https://text4baby.org>
- If you smoke, contact the Maryland Tobacco Quit Line at 1-800-QUITNOW (1-800-784-8669) for assistance.
- Apply for the WIC Program. WIC will give you healthy foods and help you make good food choices during your pregnancy. Call WIC at 1-800-242-4942.
- Discuss Family Planning options with your provider. Ask about Long Acting Reversible Contraceptives (IUDs & Contraceptive Implants). These are safe and highly effective even when placed immediately after delivery.

Coverage for Your Baby Before your baby is born:

- Decide on a name for your baby o you are ready to complete the birth certificate and apply for the baby's social security number. The hospital will fill out a form to enroll your baby in Medicaid.
- If you are in an MCO your baby will be enrolled in your MCO.
- Decide on a doctor for your baby. NO MCO CHANGES FOR NEWBORNS FOR THE FIRST 90 DAYS.
- Make sure your baby's doctor participates with your MCO.
- If you aren't in an MCO, you will get information in the mail on how to pick your baby's MCO.

BEFORE YOUR MEDICAID PREGNANCY COVERAGE ENDS:

- You need to update your information with Maryland Health Connection before your coverage ends.
- Your Medicaid pregnancy coverage may end two months after you give birth.
- Go to www.marylandhealthconnection.gov or call 1-855-642-8572 to update your information.
- Maryland Health Connection will be able to determine your eligibility for continued Medicaid coverage or other Qualified Health Plans.