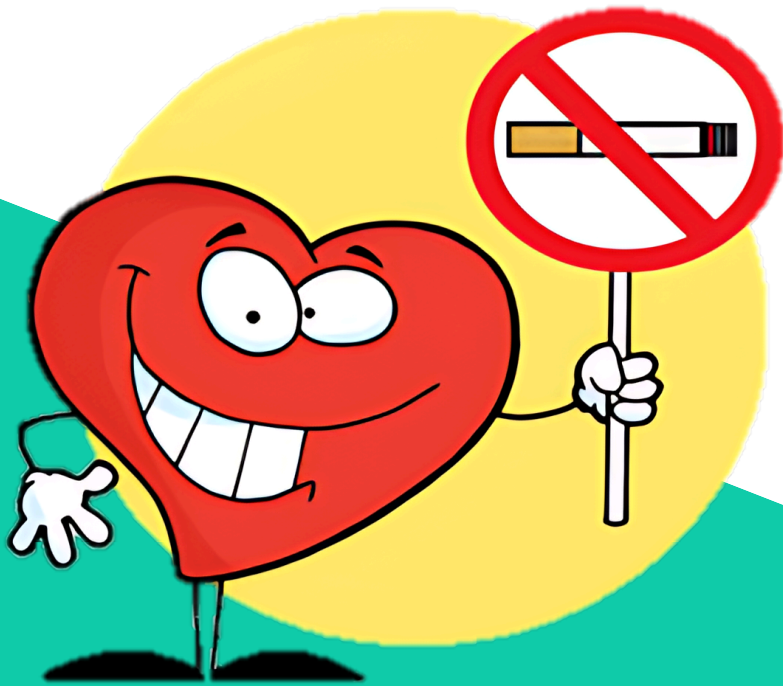




Washington County Health Department

TOBACCO FREE FOR LIFE PROGRAM (TFFL)



**READY TO QUIT
SMOKING OR
VAPING?**

WE CAN HELP!

Our Services

- FREE Support Classes
- FREE NRT With Class Attendance
- Stress Management
- Coping Strategies

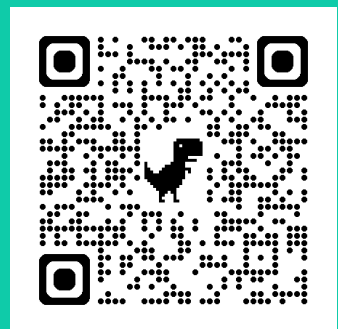
TFFL Participants:

- Register for Program
- Attend 4 Classes
- Receive 4 Weeks of NRT - "While Supplies Last"



240-313-3310

Call 711 for MD Relay TTY
washcohealth.org



Scan code to register.