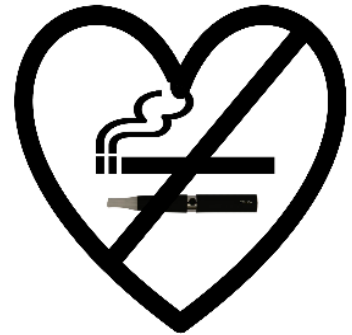




Are you trying to
quit smoking?

**THE TOBACCO
FREE
FOR LIFE PROGRAM
CAN HELP!**



DON'T GO IT ALONE!

Tele-groups – Mondays @ 10am
In-Person Groups – Currently Suspended
Evening Tele-groups – Mon. & Thurs.
5:30pm-6:30pm
For More Information or to Sign Up
Call or Text Paula @ 240-537-9901

FREE Nicotine Replacement Products (NRT)
Patches, Gum & Lozenges Available - While Supplies Last



NRT Provided by the Cigarette Restitution Fund & Washington County Health Dept.