



Washington County Health Department

1302 Pennsylvania Avenue, Hagerstown, MD 21742

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November 11, 2019 - The Washington County Health Department is collaborating with the Hagerstown YMCA, the Washington County Chamber of Commerce, and Meritus Health to host the 2020 Healthy Washington County Healthy Business Challenge. Healthy Washington County is the county's local health improvement coalition and is open to any organization or individual interested in improving the health of the community. Our goal is to challenge all Washington County employers to implement initiatives to improve the health and well-being of their employees. Since employees spend much of their time at work, the workplace is an ideal setting to implement initiatives to improve the health of community members.

Businesses sign up for the challenge then track their activities from January 1 – June 30, 2020. Activities are divided into three categories: Healthy Eating, Physical Activity, and Overall Wellness. All businesses achieving a minimum of 10 points per category will receive a Healthy Business designation. After the challenge, awards will be presented to those businesses achieving the highest number of points in each size category and that go above and beyond in creating a healthier business environment.

Businesses can learn more and sign up at

<https://healthywashingtoncounty.com/resources/healthy-business-challenge>. A kickoff meeting will be held at the Washington County Health Department on Friday, November 22nd at 8:00 am for businesses who have signed up or are interested in learning more about the challenge. Anyone interested in attending should RSVP to hannah.person@maryland.gov.

If you have any questions, please contact Hannah Person at hannah.person@maryland.gov or 240-313-3357.